

March 23, 2016

MEMORANDUM

TO: State Board of Regents

FROM: David L. Buhler

SUBJECT: University of Utah – Bachelor of Arts/Bachelor of Science in Recreational Therapy

Issue

The University of Utah (UU) requests approval to offer a Bachelor of Arts in Recreational Therapy (RT), a Bachelor of Science in Recreational Therapy, and to discontinue the Emphasis in Therapeutic Recreation within the Bachelor of Arts and the Bachelor of Science in Parks, Recreation, and Tourism programs effective Fall Semester, 2016. This proposal was approved by the institutional Board of Trustees December 8, 2015.

Background

Due to reorganization within the UU's College of Health, the UU proposes to build upon its current Emphasis in Therapeutic Recreation and create a Bachelor of Science and a Bachelor of Arts in Recreational Therapy (RT). With this newly revised curriculum, the new programs in RT will be housed in the Department of Occupational and Recreational Therapies instead of the Department of Parks, Recreation, and Tourism where the emphasis in therapeutic recreation has resided. The new curriculum reflects a focus in health and clinically-oriented courses rather than in parks and recreation. Students currently enrolled in the existing emphasis will have up to five years to complete the program. (The emphasis discontinuation can be found on the General Consent Calendar.)

Recreational Therapy is a health and human services profession that uses activity-based interventions as part of a systematic process to improve the physical, social, emotional, cognitive and spiritual functioning and well-being of individuals with injury, illness, and/or disability to enable greater health, community engagement, and a greater quality of life. Individual and group counseling techniques are implemented through prescribed play, recreation, experiential activity and psycho-education processes. Recreational therapists also work with individuals and their support systems to develop specific leisure skills and the necessary resources to promote overall well-being and life satisfaction.

The proposed program is designed to address requirements of the National Council for Therapeutic Recreation Certification (NCTRC) National Job Analysis, American Therapeutic Recreation Association's curriculum guidelines, Commission on Accreditation of Allied Health Education Programs, and the Committee on Accreditation of Recreational Therapy Education (CARTE) standards. The bachelor's degree

in Recreational Therapy will prepare students to take the NCTRC certification examination and become a Certified Therapeutic Recreation Specialist.

The Utah Department of Workforce Services (DWS) Occupational Explorer lists Recreational Therapist (SOC Code 29-1125) as a 4-star occupation with annual median income of \$37,490. It is projected to have a 3.1% annual growth rate with an average of 10 annual job openings. Occupational Explorer showed 16 current job openings for recreational therapists and related positions at the time of inquiry (February 4, 2016). Further, the United States Bureau of Labor Statistics projects an annual 12% growth rate nationally for Recreational Therapists through the year 2024. The UU's proposal estimates the program will have 30 graduates by the fourth year.

#### Policy Issues

The proposed program has been developed through established institutional procedures and Board of Regents policy. Chief academic officers as well as faculty in related departments from the Utah System of Higher Education institutions have reviewed the proposal and have provided input. There are no additional policy issues that need to be addressed relative to approval of the program.

#### Commissioner's Recommendation

The Commissioner recommends the Board of Regents approve the Bachelor of Arts and the Bachelor of Science in Recreational Therapy.

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David L. Buhler  
Commissioner of Higher Education

DLB/BKC  
Attachment

**Program Description – Full Template  
University of Utah  
Recreational Therapy BA/BS**

**Section I: The Request**

The University of Utah (UU) requests approval to offer the Bachelor of Science (BS) and the Bachelor of Arts (BA) degrees in Recreational Therapy (RT) effective Fall semester 2016, housed in the Department of Occupational and Recreational Therapies (OTRT). The institution currently offers an emphasis in Therapeutic Recreation within BS and BA degrees in Parks, Recreation, and Tourism (PRT). This proposal includes the request to discontinue this emphasis upon approval of the degrees in Recreational Therapy. A recent realignment of the UU's College of Health (COH) has provided an opportunity to reposition recreational therapy from the prior PRT Department. This realignment allows the RT program to be more closely associated with other traditional health care professions. There are both philosophical and pragmatic justifications for this realignment. Both Occupational Therapy and RT are professional education programs that train students as clinicians in the health care field. The commonalities in clinical training needs, administration, and accreditation make this transfer logical. This realignment will allow for greater efficiency and outcomes for students by being responsive to the increased and varying skill needs of recreational therapists.

**Section II: Program Description**

**Complete Program Description**

Recreational Therapy is a health and human service profession that uses activity-based interventions as part of the systematic RT process to improve the physical, social, emotional, cognitive and spiritual functioning and well-being of individuals with injury, illness, and/or disability to enable greater health, community engagement, and a greater quality of life. Individual and group counseling techniques are implemented through prescribed play, recreation, experiential activity and psycho-education processes. Recreational therapists also work with the individual and his/her support systems to develop specific leisure skills and the necessary resources to promote overall well-being and life satisfaction. Students in the bachelor's degree in Recreational Therapy program will take courses in recreational therapy theory, recreational therapy assessment and intervention techniques for individuals with varying disabling conditions, management and professionalism in recreational therapy, and a clinical internship to solidify real-world recreational therapy skills. Students engage in client-based experiences in order to develop an understanding of consumer health needs within community-based programs as well as treatment-based services.

The proposed degrees are designed to address all requirements of the National Council for Therapeutic Recreation Certification (NCTRC) National Job Analysis, the American Therapeutic Recreation Association's (ATRA) curriculum guidelines, the Commission on Accreditation of Allied Health Education Programs (CAAHEP), and the Committee on Accreditation of Recreational Therapy Education (CARTE) standards. The programs will prepare students to take the NCTRC certification examination and become a Certified Therapeutic Recreation Specialist.

**Purpose of Degree**

Prior to the establishment of the Division of Recreation's bachelor's degree in 1972, an emphasis in RT has been awarded by the University of Utah. Throughout the years the profession has continued to emerge into a vital health profession with 75% of all recreational therapists currently working in medical/clinical settings (NCTRC, 2014). The realignment of the COH has provided an opportunity to reposition the program from the Department of PRT to the Department of OTRT. This realignment allows for the development of an enhanced RT curriculum that is responsive to the varying skill-set needs of recreational therapists. The new curriculum

reflects a reduction in parks and recreation credits and an increase in health and clinically-oriented credits. Currently, there are just over 50 enrolled students in the emphasis area. Between 25-30 seek the emphasis each year. The U of U's RT emphasis has been one of only two RT Programs in the State of Utah and the only program at a public university. In addition, the RT undergraduate program serves as an appropriate bachelor's degree for students who aim to seek advanced RT education or training in other professional degrees in the health and human service fields that require graduate training, such as Occupational Therapy, Physical Therapy, Social Work, Special Education, and Medicine. Approximately 35% of all the U of U's RT students seek such advanced degrees.

### Institutional Readiness

It is not expected that additional administrative structures or supports will be needed. The new structure has already been accomplished by the COH realignment. The Department of OTRT has a chair and support staff that can absorb the administrative support required by adding the program. The departmental structure already consists of the chair with program directors for each of its current program offerings. The current RT faculty members will be reallocated to the OTRT Department. One of the current RT faculty members will continue to direct the RT program. The new centralized undergraduate Center for Student Success in the COH will take on most of the advising for the program, therefore limiting the work to existing department staff. There is a need for two additional faculty members for this degree, a tenure-track faculty to support the educational program and an RT research agenda. An additional career-line faculty member is needed to assist in teaching and in the internship and field placement components of the program. The institution plans to hire the tenure-track faculty member within two years of the program's approval using existing resources. The career-line faculty will be hired within the first year and will be supported by funds generated by increased enrollment.

### Departmental Faculty

Department Faculty Category	Dpt Faculty Headcount – Prior to Program Implementation	Faculty Additions to Support Program	Dpt Faculty Headcount at Full Program Implementation
<b>With Doctoral Degrees (Including MFA and other terminal degrees, as specified by the institution)</b>			
Full-time Tenured	0	1	5
Full-time Non-Tenured	0.5	0.5	6
Part-time Tenured	0	0	0
Part-time Non-Tenured	0	0	0
<b>With Master's Degrees</b>			
Full-time Tenured	0	0	0
Full-time Non-Tenured	1	1	2
Part-time Tenured	0	0	0
Part-time Non-Tenured	0	0	0
<b>With Bachelor's Degrees</b>			
Full-time Tenured	0	0	0
Full-time Non-Tenured	0	0	0
Part-time Tenured	0	0	0
Part-time Non-Tenured	0	0	0
<b>Other</b>			
Full-time Tenured			
Full-time Non-Tenured			
Part-time Tenured			

Part-time Non-Tenured			
<b>Total Headcount Faculty in the Department</b>			
Full-time Tenured	0	1	5
Full-time Non-Tenured	1.5	1.5	8
Part-time Tenured	0	0	0
Part-time Non-Tenured			
<b>Total Department Faculty FTE</b> ( <i>As reported in the most recent A-1/S-11 Institutional Cost Study for "prior to program implementation" and using the A-1/S-11 Cost Study Definition for the projected "at full program implementation."</i> )	1.5	2.5	13

Note: The Department Faculty Headcount – Prior to Program Implementation information accounts for the RT program only. It does not include data for the Parks, Recreation, and Tourism Department in which the RT program is currently housed. Future data includes RT and its new departmental information from Occupational Therapy (total count of faculty in the Department of Occupational and Recreational Therapies).

### Staff

No additional staff members are expected to be needed to support the program.

### Library and Information Resources

Library resources are already in place to meet the needs of the program. No changes in these resources are anticipated.

### Admission Requirements

There are no specific admission requirements for the bachelor's degree in RT. However, typically the introduction of coursework has been, and it is expected to continue to be, in the students' junior year and the recreational therapy-specific coursework completed over the student's junior and senior years.

### Student Advisement

The majority of the student advising will occur in the COH's new Center for Student Success (CSS), a centralized undergraduate advising center for the College. While this center has multiple advisors to assist RT students, the center will have one advisor specifically assigned to the RT degree program. The administrative assistant in the OTRT department will also assist the CSS and program director in advising pre-RT students regarding admissions and graduation requirements.

### Justification for Graduation Standards and Number of Credits

Recreational Therapy will require 69-71 program-related credit hours. The baccalaureate degrees can be completed within 120 – 126 credits hours as required by Regent policy.

### Projected Program Enrollment and Graduates; Projected Departmental Faculty/Students

Data Category	Current – Prior to New Program Implementation	PROJ YR 1	PROJ YR 2	PROJ YR 3	PROJ YR 4	PROJ YR 5
<b>Data for Proposed Program</b>						
Number of Graduates in Proposed Program	23	23	27	27	30	30
Total # of Declared Majors in Proposed Program	53	53	60	60	65	65
<b>Departmental Data – For All Programs Within the Department</b>						

Total Department Faculty FTE (as reported in Faculty table above)	1.5	12	13	13	13	13
Total Department Student FTE (Based on Fall Third Week)	49	155	162	162	167	167
Student FTE per Faculty FTE (ratio of Total Department Faculty FTE and Total Department Student FTE above)	33	13	12	12	13	13
Program accreditation-required ratio of Student FTE/Faculty FTE, if applicable: (Provide ratio here: _____)	N/A	N/A	N/A	N/A	N/A	N/A

Note: Current-Prior to New Program Implementation information accounts for the RT program only. It does not include data for the Parks, Recreation, and Tourism department in which the RT program is currently housed. Projected data includes RT and its new departmental information from Occupational Therapy (total count of faculty and students in the Department of Occupational and Recreational Therapies).

### Expansion of Existing Program

Gradual increased enrollment is expected with the increased visibility through the creation of a RT degree in the Department of OTRT.

## Section III: Need

### Program Need

Currently, there are 53 declared students in the emphasis area, with 25-30 students seeking the emphasis each year. Increased enrollment is expected with the health-related visibility through the creation of the RT degree. Recreational Therapy is a licensed health care profession in Utah and the U of U is the only public academic institution preparing these professionals. Statistics from the State of Utah, Department of Professional Licensing (Oct. 31, 2011) demonstrate the role recreational therapists trained at the U of U play in meeting the health care needs of Utah citizens. Sixty-five percent (65%) of all licensed Master Therapeutic Recreation Specialists and 53% of all licensed Therapeutic Recreation Specialists are U of U RT graduates. University of Utah graduates supervise or direct 85-90% of the RT clinical programs in Medicare-approved long-term care facilities in Utah. The move to the RT baccalaureate degree and alignment with other traditional health care professional programs is expected to advance interdisciplinary inquiry and progress the academic preparation for the RT profession in Utah.

### Labor Market Demand

The Bureau of Labor Statistics projects job growth for recreational therapists will grow by 12% through the year 2024, especially as the population ages and there is greater need for health care professionals to assist people in prevention and independent functioning to maintain and improve quality of life. The Utah Department of Workforce Services (DWS) Occupational Explorer lists Recreational Therapist (SOC Code 29-1125) as a 4-star occupation with annual median income of \$37,490. It is projected to have a 3.1% annual growth rate with an average of 10 annual job openings. Occupational Explorer showed 16 current job openings for recreational therapists and related positions at the time of inquiry (February 4, 2016). The recreational therapist, as part of a health care team or a human service team accomplishes these goals through the strategic use of recreational activities and programs.

Alumni are employed in long-term care facilities, inpatient-hospitals, outpatient programs, substance abuse treatment, residential treatment, adult day care centers, school systems, and community-based recreation and human service programs. In addition, the insitution reported that approximately 35% of all U of U RT students

seek advanced degrees in RT and other health and human service fields that require graduate training, such as Occupational Therapy, Physical Therapy, Social Work, and Special Education.

### **Student Demand**

Currently, the RT emphasis in the PRT bachelor's degree has 53 students who declare RT as their emphasis. The RT emphasis is the largest emphasis area in the PRT degree. Increased enrollment is expected with the increased visibility through the move to the RT baccalaureate programs. Recreational Therapy students have provided input and expressed support to move the program to a full baccalaureate degree. Students reinforced the need for a reduction in parks and recreation credits and an increase in health and clinically-oriented credits in order to meet the professions minimal competencies noted in the national job analysis and for advanced practice.

### **Similar Programs**

The U of U's program is one of two CARTE-accredited programs in the state. The other program is in Recreation Management and is offered by Brigham Young University. It is one of only 5 programs in the Intermountain West.

### **Collaboration with and Impact on Other USHE Institutions**

The proposed program has been developed through established institutional procedures and Board of Regents policy. Chief academic officers as well as faculty in related departments from the Utah System of Higher Education institutions have reviewed the proposal and have provided input. Additionally, there has been prior discussion with other USHE institutions that offer degrees in recreation to create ways for students in rural areas to transfer their degrees to the U of U's RT program. These opportunities along with an on-line or hybrid bachelor's degree in RT will be considered at a future time.

### **Benefits**

The U of U has been recognized as one of the leading institutions in RT preparation for the past twenty years. The RT faculty have been recognized at both state and national levels for their contributions to the profession and their academic preparation of students. Utah is one of four states in the country that require licensing to practice RT and over 50% of all licensed therapists in Utah are U of U graduates.

The benefits to the students seeking a bachelor's degree in RT, rather than a RT emphasis under a bachelor's degree in PRT, are significant. The reduction of recreation and park focused courses to health and clinically-driven courses will better prepare students for the continuous changes in the health care sector, where the majority of RT graduates are employed. It will also prepare the students who seek employment in more community-based settings with greater knowledge and experience with specific populations and advanced skills, opening more employment opportunities. The move to the Department of OTRT will allow the RT students increased opportunities for interdisciplinary education and experiences with other traditional health care professional students, such as the future involvement of the RT students in the Health Science Center's Interprofessional Education experiences. Currently these experiences are completed by Occupational Therapy, Physical Therapy, Nutrition, Speech Language Pathology, and Audiology students in the College of Health. This interdisciplinary approach will allow RT students to interact and collaborate with those with whom they will clinically practice upon graduation.

The Greater Salt Lake area looks to the U's RT program and the RT students to lead in community involvement and to help serve specialty programs serving individuals with disabilities. Programs like: Special Olympics, National Ability Center, Utah School for the Deaf and Blind, University of Utah Neuropsychiatric Institute, Veterans Administration, Maple Lake Academy, Vista Adolescent Treatment Centers, numerous long-term care facilities, etc. count on the support of the RT faculty and students. This change will increase the opportunities to expand community engagement through academic lab experiences and service learning coursework.

It is anticipated that the realignment of RT with Occupational Therapy will enhance the visibility of the Department of OTRT's current academic programs and facilitate the recruitment of new students to the University of Utah. Administrative efficiencies will be gained through the combination of the units.

### **Consistency with Institutional Mission**

The mission of the U of U reflects the responsibility to serve the citizens of the state and world through application and dissemination of knowledge in the quest to advance interdisciplinary inquiry, international involvement, and social responsibility. The U of U has the following 4 core goals: promote student success to transform lives, develop and transfer new knowledge, engage communities to improve health and quality of life, and ensure long-term viability of the university. The bachelor's RT degree addresses each of these core goals. The educational experience in RT transforms the lives of the students in the program by providing a solid education in a marketable profession. Recreational therapists assist individuals with disabling conditions, and illnesses, in developing knowledge, skills, and behaviors to improve functioning for greater health and community engagement. The expansion of the RT program, with the additional faculty hires, will allow for the development of a research platform in RT that will generate new evidence for the practice of RT.

## **Section IV: Program and Student Assessment**

### **Program Assessment**

1. To support students in completing recreational therapy coursework with a C or better in order to successfully graduate.
  - o Prior to the completion of the students' first semester in the RT program, a documented degree plan will be completed and placed in student file.
  - o Maintain an 85% retention rate of students in RT program by the 3<sup>rd</sup> graduating class.
  - o Maintain an 85% graduation rate of RT students as documented each spring in graduation records.
  - o Ninety percent (90%) of students will graduate within five semesters upon declaring a major in RT major.
2. To prepare students to meet the requirements for Utah professional licensing and national certification.
  - o Recreational Therapy students will successfully complete a clinical internship from an approved best practice site that addresses all job tasks on the NCTRC Job Analysis with a C or better on first attempt (target = 98%).
  - o The RT Program will maintain an 82% pass rate or better on the First-time Candidate report provided by NCTRC.
  - o RT Program will complete an annual curriculum review that will entail: measurement of program objectives, compliance with accreditation standards, review of each class's curriculum guidelines and objectives. Review will be documented in program annual report and submitted to department chair.
3. To provide quality internship placements to assist in learning the critical clinical job skills.
  - o Develop and maintain a minimum of 30 sites that meet at least minimal standards of the RT internship best practices standards (U of U's RT Best Practice Manual) to ensure availability of internships.
  - o Clinical internship supervisors will submit a minimum of one mid-evaluation and one final student evaluation to student and RT Program. This evaluation will document students' abilities according to the NCTRC Job Analysis (target=100%).
  - o Clinical internship supervisors will meet or have direct contact a minimum of one time with academic supervisor during each student placement to discuss student progress, student's knowledge base and ability to perform clinical services.
4. To prepare students to understand and assume the role as advocates for individuals with disabilities as well as for the profession.
  - o Recreational Therapy students will volunteer a minimum of 10 hours a semester with individuals with disabilities as recorded through student records (target = 90%).

- Recreational Therapy students will join a minimum of one professional organization in order to encourage involvement in professional activities and to support professional networking (target = 100%).
- 5. To support students in securing jobs in the profession or seeking advanced graduate education.
  - Provide routine advising by program director or other RT faculty as appointed a minimum of one time per year, as noted in student record.
  - Job announcements will be placed on social media sites, RT bulletin boards, and announced through internship classes.
  - Students will be required to join a minimum of one professional organization in order to encourage professional networking.
  - Recreational Therapy graduates who seek acceptance into graduate programs will be accepted into such programs within 1 year of graduation (target = 85%).
  - Recreational Therapy graduates who seek RT-related employment will obtain such employment within six months of graduation (target = 80%).

### Expected Standards of Performance

National standards guidelines for RT programs are specified in Standards and Guidelines for the Accreditation of Educational Programs in Recreational Therapy as adopted by ATRA, CARTE, and CAAHEP. These standards and guidelines were used in the development of curriculum and evaluation procedures for the U of U's proposed RT baccalaureate degree programs. Each syllabus will identify required competencies to be addressed and the form of evaluation for the competency.

### Section V: Finance

Three-Year Budget Projection								
Departmental Data	Current Recreational Therapy Budget – Prior to New Program Implementation	Current Occupational Therapy Budget – Prior to New Program Implementation	Departmental Budget					
			Year 1		Year 2		Year 3	
			Addition to Budget	Total Budget	Addition to Budget	Total Budget	Addition to Budget	Total Budget
<b>Personnel Expense</b>								
Salaries and Wages	\$136,560	\$1,039,671	\$68,000	\$1,244,231	\$56,000	\$1,300,231		\$1,300,231
Benefits	\$56,567	\$214,313	\$23,000	\$293,880	\$1,900	\$295,780		\$295,780
<b>Total Personnel Expense</b>	<b>\$193,127</b>	<b>\$1,253,984</b>	<b>\$91,000</b>	<b>\$1,538,111</b>	<b>\$57,900</b>	<b>\$1,596,011</b>	<b>\$0</b>	<b>\$1,596,011</b>
<b>Non-Personnel Expense</b>								
Travel	\$6,000	\$39,700	\$6,000	\$51,700	\$2,000	\$53,700		\$53,700
Capital	\$0		\$0	\$0		\$0		\$0
Library	\$0		\$0	\$0		\$0		\$0
Current Expense	\$0		\$0	\$0		\$0		\$0
<b>Total Non-Personnel Expense</b>	<b>\$0</b>	<b>\$224,905</b>	<b>\$0</b>	<b>\$224,905</b>		<b>\$224,905</b>		<b>\$224,905</b>

<b>Total Expense</b>	\$6,000	\$264,605	\$6,000	\$276,605	\$2,000	\$278,605	\$0	\$278,605
<b>(Personnel + Current)</b>	\$199,127	\$1,518,589	\$97,000	\$1,814,716	\$59,900	\$1,874,616	\$0	\$1,874,616
<b>Departmental Funding</b>								
Appropriated Fund		\$510,571	\$290,000	\$800,571	\$60,000	\$860,571		\$860,571
Other: SCH, Productivity	\$59,500	\$308,135	\$27,300	\$335,435	\$56,700	\$392,135		\$392,135
Special Legislative Appr.				\$0		\$0		\$0
				\$0		\$0		\$0
Grants and Contracts		\$23,000	\$23,000	\$46,000		\$46,000		\$46,000
Special Fees / Differential Tuition	\$0	\$700,520	\$100	\$700,620	\$100	\$700,720	\$100	\$700,820
<b>Total Revenue</b>	\$59,500	\$1,542,226	\$340,400	\$1,882,626	\$116,800	\$1,999,426	\$100	\$1,999,526
<b>Difference</b>								
Revenue-Expense	-\$139,627	\$23,637	\$243,400	\$67,910	\$56,900	\$124,810	\$100	\$124,910
Dept Instruct Cost / Student Credit Hour* <i>(as reported in inst Cost Study for "current" and using the same Cost Study Definition for "projected")</i>	\$59,500	\$306,503	\$27,300	\$333,803	\$56,700	\$390,503	\$	\$390,503

Note: The information in the current column accounts for the RT program only. It does not include data for the Parks, Recreation, and Tourism Department in which the RT program is currently housed. Projected data includes RT and its new departmental information in the Department of Occupational and Recreational Therapies.

### Funding Sources

The new baccalaureate programs will be funded via existing state appropriation (reallocated from the current department to the new department) and student tuition. Funds for the new tenure line RT faculty will come initially from existing funds within the Department of Occupational and Recreational Therapies, but on-going financial support will come from new monies allocated to the Department from the College of Health Dean's office. The additional part-time career-line faculty member will be funded from additional student credit hours generated by the enhanced RT curriculum.

### Reallocation

Funds will be reallocated from the Department of PRT budget.

## Impact on Existing Budgets

The impact to the COH is expected to be minimal as students will continue to take the same number of credits within the College as they did prior to the move.

The impact on the existing Department of Occupational and Recreational Therapies budget is minimal. There is no change expected in the numbers of students and the funds covering the two existing faculty are being transferred from the existing PRT budget. Funds for the new tenure line RT faculty member are being added to the Department's budget from College of Health funds. Funds for the career line faculty member will be covered by student credit hour funds generated from the RT program.

Initially, the Parks, Recreation, and Tourism Department is expecting a loss of student credit hour-generated funds due to the reduction in PRT coursework taken by RT students. The reduction in PRT coursework was necessary to provide increased educational content in clinical topics needed to meet future employment expectations and accreditation standards. Resources to assist the PRT department through this transition will be managed by the COH.

## Section VI: Bachelor's Program Curriculum

### All Program Courses (with New Courses in Bold)

Course Prefix and Number	Title	Credit Hours
Required Courses		
REC TH 3330	Foundations of Recreational Therapy	3
REC TH 3360	Assessment, Documentation and evaluation in Recreational Therapy	4
<b>REC TH 4300</b>	<b>Recreational Therapy and Individuals with Intellectual Disabilities/Lab</b>	<b>3</b>
<b>REC TH 4310</b>	<b>Recreational Therapy and the Elderly Population/Lab</b>	<b>3</b>
<b>REC TH 4320</b>	<b>Recreational Therapy and Physical Medicine/Lab</b>	<b>3</b>
<b>REC TH 4330</b>	<b>Recreational Therapy and Mental Health Services/Lab</b>	<b>3</b>
<b>REC TH 5300</b>	<b>Management in Recreational Therapy</b>	<b>3</b>
REC TH 5350	Advancement of Recreational Therapy Clinical and Professional Analysis	3
REC TH 5360	Techniques and Facilitation in Recreational Therapy	3
REC TH 5828	Recreational Therapy Internship	12
<b>Sub-Total</b>		<b>40</b>
Supportive Courses		
BIOL 2325	Human Anatomy	4
BIOL 2420 or HEDU 4650	Human Physiology (AS) or Anatomy and Physiology for Health	4
ESS 3092	Kinesiology	3
PSY 3400	Psychology of Abnormal Behavior	3
FCS 1500 or NURS 2100	Human Development/Lifespan or Lifespan Growth and Development	3
SOC 3112	Social Stats (QB & QI)	3
PRT 5395	Financial Management (OI)	3
HEDU 5100 or HEDU 5300	Health Care in the USA or Alternate health care class from approved list	3
<b>Sub</b>		<b>26</b>
Elective Courses		
	Open to a Social Science or Humanities Course	3
<b>Sub-Total</b>		<b>3</b>

Course Prefix and Number	Title	Credit Hours
Track/Options	(if applicable)	
<b>Sub-Total</b>		
<b>Total Number of Credits</b>		<b>69</b>

Note: A minimum of one three-credit class will be needed for elective courses. Students may choose from social sciences or humanities. The class(es) will need to contribute to understanding of health, human services and/or student specialization. If supportive coursework is less than 26 credit hours additional electives will be added to enhance supportive coursework.

## Program Schedule

University of Utah  
Department of Occupational and Recreational Therapies  
Recreational Therapy Degree Plan

### Fall 2016-16 credits

REC TH 3330	Foundations of Recreational Therapy	3 Credits
REC TH 4300	Recreational Therapy and Individuals with Intellectual Disabilities/Lab	3 Credits
BIOL 2325	Human Anatomy	4 Credits
SOC 3112	Social Stats (QB & QI)	3 Credits
HEDU 5100	Health Care in the USA	3 Credits
	Or	
	Alternate health care class on approved list	
	HEDU 3050 Community Health Issues	
	SOC 3671 Sociology of Health	
	FCS 5430 Families, Consumers and Health	
	POLS 5324 Disabilities Studies	

### Spring 2017-14 credits

REC TH 3360	Assessment, Documentation and Evaluation in Recreational Therapy	4 Credits
REC TH 4310	Recreational Therapy and the Elderly Population/Lab	3 Credits
BIOL 2420	Human Physiology (AS)	4 Credits
FCS 500	Human Development/Lifespan	3 Credits
	Or	
NURS 2100	Lifespan Growth and Development	

### Summer 2017 None

### Fall 2017-15 Credits

ESS 3092	Kinesiology	3 Credits
PRT 5395	Financial Management (QI)	3 Credits
REC TH 5360	Techniques and Facilitation in Recreational Therapy	3 Credits
REC TH 4320	Recreational Therapy and Physical Medicine/Lab	3 Credits
PSY 3400	Psychology of Abnormal Behavior	3 Credits

### Spring 2018-12 Credits

REC TH 5350	Advancement of Recreational Therapy Clinical and Professional Analysis	3 Credits
REC TH 4330	Recreational Therapy and Mental Health Services/Lab	3 Credits
REC TH 5300	Management in Recreational Therapy	3 Credits
	Elective	3 Credits

### Summer 2018-12 Credits

**Section VII: Faculty**

Sandra K. Negley, M.S., MTRS, CTRS, FDRT

Steven A. Bell, Ph.D., TRS, CTRS

TBA, new tenure-track faculty member

TBA, new career-line faculty member