Mental Health Update

JED Campus Utah Convening
In January 2020, USHE partnered with The JED Foundation. JED, established in 2000, provides a comprehensive approach to decrease risk factors and increase protective factors for mental health and suicide among college students. JED works with over 300 universities and colleges nationwide—from the most prestigious to the most affordable and community-focused. This unique statewide partnership, which also includes Brigham Young University and Westminster College, is made possible through the generous support of The J. Willard and Alice S. Marriott Foundation.

The first year of the four-year JED Campus program has been focused on onboarding the campuses, building campus teams, administering the Healthy Minds Study to collect student data, completing the JED Campus baseline assessment, and engaging in a campus visit with JED Campus Advisors and Subject Matter Experts. While this initial stage was delayed due to COVID-19, in June 2021, USHE institutions published their short-term and longer-term 3-year strategic goals at the USHE/JED statewide convening. These strategic goals are the basis from which USHE institutions are implementing their goals over the next three years. The primary objective of JED’s comprehensive approach is to ensure an equitable resourcing of best practices and programs tailored for each institution, yet following a common framework with common outcomes that promote mental health and prevent suicide.

Expanding JED Campus to Technical Colleges
Thanks to the legislative efforts of Board members and legislators, funding was appropriated in the 2021 Legislative Session to expand the partnership to the eight USHE technical colleges. USHE and JED are working together to develop a tailored comprehensive model specific to technical colleges to complement the four-year cohort model for USHE’s degree-granting institutions, set to launch July 2021.
Representatives from all of the technical colleges met with JED in early June 2021 to develop a tailored scope of services that best fit the mission and variety of needs at each technical college.

Partnership with Huntsman Mental Health
In 2019, the Huntsman family announced a $150 million gift over 15 years to the University of Utah to establish the Huntsman Mental Health Institute (HMHI), the largest single donation to the USHE flagship. With the establishment of the institute in January 2021 and the groundbreaking of the Mental
Health Crisis Care Center in May 2021, HMHI stands to transform mental health services for the State of Utah and, more specifically, 18- to 24-year-olds who are the most impacted by mental health trauma.

Commissioner Woolstenhulme has started conversations with HMHI’s Executive Director, Mark Rapaport to identify specific areas that support both the Board’s focus on student mental health as well as HMHI’s statewide vision. Some potential areas currently being explored:

- Reduce stigma annual student video contest partnership with Utah Film Commission and Sundance Institute.
- Establish mobile mental health crisis teams statewide embedded and anchored at higher ed institutions.
- Partner with the Mental Health Innovation Network to explore innovative post-bachelor mental health credentials to fuel the persistent workforce shortage in mental health.
- Pilot social and organizational change incubators in the mental health field.

**Commissioner’s Recommendation**

This is a discussion item only; no action is required