



General Education Navigator/Academic Year 2025-26

UVU's General Education (GE) program provides the subject-area knowledge and learning skills foundation for 2- and 4-year degrees. **Core** and **Institution** courses make up the general education foundation. **Breadth** courses give an opportunity to explore various subjects. GE courses are highly advisable for concurrent enrollment students; they are required for college graduation and transferable from one Utah System of Higher Education (USHE) institution to another. *It is possible to complete UVU's GE requirements by taking 5-6 concurrent enrollment classes during both junior and senior years, plus registering separately for a 2-credit Wellness class.*

1. **Review the class list below with parents and counselors. Follow the instructions to select classes in each GE category.**
2. **Speak with experts about GE choices.** 1. Ask a high school counselor which GE classes are available at your school, and about other ways to fulfill GE requirements (AP, for example). 2. Ask a UVU academic advisor, Peni Mouna (Peni.Mouna@uvu.edu, 801-863-8376) or Kristi Nemelka (Kristi.Nemelka@uvu.edu, 801-863-8376), how course choices fit different certificate or degree programs.
3. **Are you ready to be a Wolverine? Let's get started.**

| | UVU GE Credits Required | UVU Concurrent Enrollment Courses | | Credits | My Choices |
|---|--|-----------------------------------|---|---------|------------|
| Core & Institution (17-18 credits) | Written Communication (WC) (6 credits with a grade of C- or better) | ENGL 1010 | Intro to Writing | 3 | |
| | | ENGL 2010 | Inter. Writing/Humanities/Social Sciences | 3 | |
| | Quantitative Literacy (QL) (3-4 credits with a grade of C- or better) Select ONE of these courses | MAT 1030 | Quantitative Reasoning | 3 | |
| | | STAT 1040 | Intro to Statistics | 3 | |
| | | MATH 1050 | College Algebra | 4 | |
| | American Institutions (AI) (3 credits) Select ONE of these courses | HIST 1700 | American History | 3 | |
| | | POLS 1100 | American National Government | 3 | |
| | Personal, Professional, and Civic Growth (5 credits) (*Not allowed for concurrent enrollment – see UVU) | PHIL 2050/2050G | Ethics and Values | 3 | |
| Breadth (18 credits with a minimum of 3 credits in each category) | Arts (AR) (3-4 credits) Select ONE of these courses | ART 1010 | Intro to the Visual Art | 3 | |
| | | ART 1020 | Basic Drawing I for Non-Majors | 3 | |
| | | ART 1050 | Photography I | 3 | |
| | | MUSC 1010 | Intro to Music | 3 | |
| | | MUSC 1030 | American Popular Music | 3 | |
| | | MUSC 1100 | Fundamentals of Music | 3 | |
| | | THEA 1013 | Intro to Theater | 3 | |
| | Humanities (H) (3 credits) Select ONE of these courses | THEA 1023 | Introduction to Film | 3 | |
| | | COMM 1020 | Public Speaking | 3 | |
| | | COMM 1500 | Intro to Mass Communication | 3 | |
| | Social & Behavioral Sciences (SS) (3 credits) Select ONE of these courses | HUM 1010 | Humanities through the Arts | 3 | |
| | | ANTH 1010G | Social/Cultural Anthropology | 3 | |
| | | CJ 1010 | Intro to Criminal Justice | 3 | |
| | | COMM 1050 | Intro to Speech Communication | 3 | |
| | | COMM 2110 | Interpersonal Communications | 3 | |
| | | ECON 1010 | Economics as Social Science | 3 | |
| | | FIN 1060 | Personal Finance | 3 | |
| | | MGMT 1010 | Intro to Business | 3 | |
| | | POLS 2200 | Intro to Comparative Politics | 3 | |
| | | PSY 1010 | General Psychology | 3 | |
| | | PSY 1100 | Human Development: Lifespan | 3 | |
| | | SOC 1010 | Intro to Sociology | 3 | |
| | Life Sciences (LS) (3-6 credits) Select ONE of these courses and one additional course from Life or Physical Science; 1 lab is recommended. | BIOL 1010/1015 | General Biology/Lab (required) | 3/1 | |
| | | BIOL 1610/1615 | College Biology I/Lab (required) | 4/1 | |
| | | BTEC 1010 | Fundamentals of Biotechnology I Career Survey | 3 | |
| | Physical Sciences (PS) (3-6 credits) Select ONE of these courses and one additional course from Life or Physical Science; 1 lab is recommended. | ASTR 1040 | Elementary Astronomy | 3 | |
| | | CHEM 1010/1015 | Intro to Chemistry/Lab (optional) | 3/1 | |
| | | ENVT 1110 | Intro to Environmental Management | 3 | |
| | | GEO 1010/1015 | Intro to Geology/Lab (required) | 3/1 | |
| | | METO 1010 | Intro to Meteorology | 3 | |
| | | PHYS 1010 | Elementary Physics | 3 | |

More Information: uvu.edu/catalog/current/policies-requirements/general-education.html



CE Options for High School Graduation Requirements

The following is a general list of UVU Concurrent Enrollment (CE) courses that fulfill both high school graduation requirements and general education (GE) requirements in higher education. This is not a complete list of all CE or GE courses at UVU. Refer to the [Concurrent Enrollment Master List](#) for full course options and details.

| HS Graduation Requirements | UVU CE Options | UVU GE |
|---|---|---|
| Language Arts (4.0 HS units) | Language Arts 9 (1.0) Language Arts 10 (1.0) Language Arts 11 (1.0) | NA – Secondary only |
| | Language Arts 12 or Applied & Advanced (1.0) | ENGL 1010 Intro to Writing ENGL 2010 Intermediate Writing WC COMM 1020 Public Speaking H COMM 1050 Intro to Speech Communication SS COMM 1500 Intro to Mass Communication H COMM 2110 Interpersonal Communications SS |
| | Secondary Math 1 (1.0) Secondary Math 2 (1.0) Secondary Math 3 (1.0) | NA – Secondary only |
| | Senior Math Options (Select one) <i>Which course to take depends on your college major. For help, see page 3.</i> | MAT 1030 Quantitative Reasoning (for non-science majors) QL STAT 1040 Intro to Statistics QL MATH 1050 College Algebra QL |
| | Foundation Science (2.0) (Select 2 from different disciplines) <i>Lecture and lab required</i> | BIOL 1010/15 General Biology/Lab LS BIOL 1610/15 College Biology I/Lab LS CHEM 1010/15 Intro to Chemistry/Lab PS GEO 1010/15 Intro to Geology/Lab PS |
| Science (3.0 HS units) from at least two quadrants | Applied & Advanced (1.0) <i>All courses in this pathway qualify as Applied & Advanced</i> | ASTR 1040 Elementary Astronomy PS ENVT 1110 Intro to Environmental Management PS METO 1010 Intro to Meteorology PS PHYS 1010 Elementary Physics PS |
| | World Geography (0.5) | -- -- |
| Social Studies (3.0 HS units) | World History (0.5) | HIST 1700 American History (year-long) AI |
| | US History (1.0) | -- -- |
| | US Government and Citizenship (1.0) | POLS 1100 American National Government AI |
| | Social Studies Elective (0.5) | POLS 2200 Intro to Comparative Politics SS |
| | | ANTH 1010G Social/Cultural Anthropology SS |
| | | HIST 1700 American History (semester-long) AI |
| | | HUM 1010 Humanities through the Arts H |
| | | PHIL 2050/G Ethics and Values Not GE |
| | | PSY 1010 General Psychology SS |
| | | PSY 1100 Human Development: Lifespan SS |
| | | SOC 1010 Intro to Sociology SS |
| Arts (1.5 HS unit) | Visual Art | ART 1010 Intro to the Visual Art AR ART 1020 Basic Drawing I for Non-Majors AR |
| | Music | MUSC 1010 Intro to Music AR MUSC 1030 American Popular Music AR MUSC 1100 Fundamentals of Music AR |
| | | THEA 1013 Intro to Theater AR |
| | | THEA 1023 Intro to Film AR |
| | Theatre | |
| Health Education (0.5 HS unit) | Health Education (0.5) | NA – Secondary only |
| Physical Education (1.5 HS unit) | Participation Skills (0.5) Fitness for Life (0.5) Individualized Lifetime Activities (0.5) | NA – Secondary only |
| Career & Technical Education (CTE) (1.0 HS unit) | UVU offers 108 CTE courses from aviation and business to manufacturing. | ART 1050 Photography I AR BTEC 1010 Fundamentals of Biotechnology I Career LS Survey |
| | The following 6 courses are USBE CTE courses that meet GenEd requirements. | CJ 1010 Intro to Criminal Justice SS COMM 1050 Intro to Speech Communication SS ECON 1010 Economics as Social Science SS MGMT 1010 Intro to Business SS |
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| | | |
| | | |
| Digit Studies & Financial Literacy (0.5 HS units each) | Digital Studies (0.5) | CS 1030 Foundations of Computer Science Not GE CS 1400 Fundamentals of Programming Not GE |
| | Financial Literacy (0.5) | FIN 1060 Personal Finance SS |
| Elective Credit (5.5 HS unit) | | NA – Secondary only |
| World Languages (optional) | This credit is optional for HS graduation and not included on the USHE GE pathway. UVU offers world language courses in: | |
| | ASL Chinese French German Japanese Portuguese Spanish | |

Which QL Math class is right for you? Select a college math class that fits your college and career path.

Most certificate and all degree programs require students to complete a Quantitative Literacy (QL) class*. You are encouraged to complete QL senior year of high school. Different QL classes provide the math foundation for different pathways.

MATH 1030 – Intro to Quantitative Reasoning

An appropriate math class for the general studies or liberal arts student majoring in humanities or other programs not related to math and science. The class covers a broad scope of mathematical topics as they apply to real-world problems. Topics include reasoning and number sense, using percents and estimation, math for finance matters such as loans and investments, probability and statistics, and modeling. *MATH 1030 may be the last Math class you take in college.*

MATH 1040 – Intro to Statistics

Recommended particularly for students in programs desiring statistical literacy, including but not limited to Social Science, Behavioral Sciences, and Nursing (college may require 1040 or 1050). This class includes descriptive and inferential statistical methods. Topics include sampling design, descriptive statistics, linear regression and correlation, probability, sampling distributions, and hypothesis testing and confidence intervals. *MATH 1040 may be the last Math class you take in college.*

MATH 1050 – College Algebra

Designed for students interested in Mathematics, Science, Engineering, Technology and Business. An in-depth exploration of algebra topics designed to ultimately prepare students for Calculus or further education classes. Topics include functions, including polynomial, rational, exponential, and logarithmic; systems of equations; matrices and determinants; partial fraction decomposition; conics; and sequences and series. *MATH 1050 is the first Math class you will likely take in college.*

*MATH 1010 Intermediate Algebra does not fulfill the QL requirement. It is intended only for students who cannot place into a QL course after completion of Secondary MATH III.