



UVU General Education Navigator

Academic Year 2026-27

UVU's General Education (GE) program provides the subject-area knowledge and learning skills foundation for 2- and 4-year degrees. **Core** and **Institution** courses make up the general education foundation. **Breadth** courses give an opportunity to explore various subjects. GE courses are highly advisable for concurrent enrollment students; they are required for college graduation and transferable from one Utah System of Higher Education (USHE) institution to another.

1. **Review the class list below with parents and counselors. Follow the instructions to select classes in each GE category.**
2. **Speak with experts about GE choices.** 1. Ask a high school counselor which GE classes are available at your school, and about other ways to fulfill GE requirements (AP, for example). 2. Ask a UVU academic advisor how course choices fit different certificate or degree programs, find your advisor at: <https://www.uvu.edu/concurrent/advising/index.html>.

Core & Institution (17-18 credits)

Complete 17-18 core genEd credits from among Written Communication, Quantitative Literacy, American Institutions and Personal, Professional, and Civic Growth.

Written Communication (WC) — 6 credits with a grade of C- or better

UVU Concurrent Enrollment Courses	Credits	My Choices
ENGL 1010 <i>Intro to Writing</i>	3	
ENGL 2010 <i>Intermediate Writing/Humanities/Social Sciences</i>	3	

Quantitative Literacy (QL) — 3-4 credits with a grade of C- or better

Select ONE of these courses

UVU Concurrent Enrollment Courses	Credits	My Choices
MATH 1030 <i>Quantitative Reasoning</i>	3	
STAT 1040 <i>Intro to Statistics</i>	3	
MATH 1050 <i>College Algebra</i>	4	

American Institutions (AI) — 3 credits

Select ONE of these courses

UVU Concurrent Enrollment Courses	Credits	My Choices
HIST 1700 <i>American History</i>	3	
POLS 1100 <i>American National Government</i>	3	

Personal, Professional, and Civic Growth — 3 credits

UVU Concurrent Enrollment Courses	Credits	My Choices
PHIL 2050/2025G <i>Ethics and Values</i>	3	
CYBR 1700 <i>Cybersecurity Essentials</i>	3	
GEOG 2000 <i>Sustainability and Environment</i>	3	

Breadth (18 credits with a minimum of 3 in each category)

Complete 18 breadth genEd credits from among the Arts, Humanities, Social & Behavioral Science, Life Science, and Physical Science — one course of 3 credits minimum from each category plus any required labs.

Arts (AR) — 3 credits

Select ONE of these courses

UVU Concurrent Enrollment Course	Credits	My Choices
ART 1010 <i>Intro to the Visual Art</i>	3	
ART 1020 <i>Basic Drawing I for Non-Majors</i>	3	
ART 1050 <i>Photography I</i>	3	
MUSC 1010 <i>Intro to Music</i>	3	
MUSC 1030 <i>American Popular Music</i>	3	
MUSC 1100 <i>Fundamentals of Music</i>	3	
THEA 1013 <i>Intro to Theater</i>	3	
THEA 1023 <i>Introduction to Film</i>	3	

Humanities (H) — 3 credits

Select ONE of these courses

UVU Concurrent Enrollment Courses	Credits	My Choices
COMM 1020 <i>Public Speaking</i>	3	
COMM 1500 <i>Intro to Mass Communication</i>	3	
PHIL 1000 <i>Introduction to Philosophy</i>	3	
HUM 1010 <i>Humanities through the Arts</i>	3	

Social & Behavioral Sciences (SS) — 3 credits

Select ONE of these courses

UVU Concurrent Enrollment Courses	Credits	My Choices
ANTH 1010G <i>Social/Cultural Anthropology</i>	3	
CJ 1010 <i>Intro to Criminal Justice</i>	3	
COMM 1050 <i>Intro to Speech Communication</i>	3	
COMM 2110 <i>Interpersonal Communication</i>	3	
ECON 1010 <i>Economics as Social Science</i>	3	
ENTR 2500 <i>Creativity and Entrepreneurial Thinking</i>	3	
FAMS 1150 <i>Marriage and Relationship Skills</i>	3	
FIN 1060 <i>Personal Finance</i>	3	
HIST 1700 <i>American History</i>	3	
MGMT 1010 <i>Intro to Business</i>	3	
POLS 1100 <i>American National Government</i>	3	
POLS 2200 <i>Intro to Comparative Politics</i>	3	
PSY 1010 <i>General Psychology</i>	3	
PSY 1100 <i>Human Development: Lifespan</i>	3	
SOC 1010 <i>Intro to Sociology</i>	3	

Life Sciences (LS) — 3-4 credits

Select ONE of these courses

UVU Concurrent Enrollment Courses	Credits	My Choices
BIOL 1010/1015 <i>General Biology/Lab (required)</i>	3/1	
BIOL 1610/1615 <i>College Biology I/Lab (required)</i>	4/1	
BTEC 1010 <i>Fundamentals of Biotechnology</i>	3	

Physical Sciences (PS) — 3-4 credits

Select ONE of these courses

UVU Concurrent Enrollment Courses	Credits	My Choices
ASTR 1040 <i>Elementary Astronomy</i>	3	
CHEM 1010/1015 <i>Intro to Chemistry/Lab (optional)</i>	3/1	
ENVT 1110 <i>Intro to Environmental Management</i>	3	
GEO 1010/1015 <i>Intro to Geology/Lab (required)</i>	3/1	
GEO 1080 <i>Introduction to Oceanography</i>	3	
METO 1010 <i>Intro Meteorology</i>	3	
PHYS 1010 <i>Elementary Physics</i>	3	



CE Options for High School Graduation Requirements

The following is a general list of UVU Concurrent Enrollment (CE) courses that fulfill both high school graduation requirements and general education (GE) requirements in higher education. This is not a complete list of all CE or GE courses at UVU. Refer to the [Concurrent Enrollment Master List](#) for full course options and details.

High School Requirements

Language Arts (4.0 HS units)

*ENGL 1010 may be available to qualified 11th grade students through a UVU pilot program at select high schools. Ask your CE advisor for details.

High School Requirement	UVU CE Options	UVU GE Certificate
Language Arts 9, 10 & 11* (1.0 each)	N/A — Secondary Only	N/A
Language Arts 12 or Applied & Advanced (1.0)	ENGL 1010 <i>Intro to Writing*</i> ENGL 2010 <i>Intermediate Writing</i> COMM 1020 <i>Public Speaking</i> COMM 1050 <i>Intro to Speech Communication</i> COMM 1500 <i>Intro to Mass Communication</i> COMM 2110 <i>Interpersonal Communications</i> HUMM 1010 <i>Humanities through the Arts</i>	WC WC H SS H SS H

Mathematics (3.0 HS units)

High School Requirement	UVU CE Options	UVU GE Certificate
Secondary Math 1, 2 & 3 (1.0 each)	N/A — Secondary Only	N/A
Senior Math Options (Select one) <i>Which course to take depends on your college major. For help, see page 6.</i>	MATH 1030 <i>Quantitative Reasoning (for non-science majors)</i> STAT 1040 <i>Intro to Statistics</i> MATH 1050 <i>College Algebra</i>	QL QL QL

Science (3.0 HS units) from at least two quadrants

High School Requirement	UVU CE Options	UVU GE Certificate
Foundation Science (2.0) (Select 2 from different disciplines) <i>SEEd alignment required — see CEML</i>	BIOL 1010/15 <i>General Biology/Lab</i> BIOL 1610/15 <i>College Biology I/Lab</i> CHEM 1010/15 <i>Intro to Chemistry/Lab</i> GEO 1010/15 <i>Intro to Geology/Lab</i>	LS LS PS PS
Applied & Advanced (1.0) <i>Pick one additional Foundation Science or one Applied & Advanced course.</i>	ASTR 1040 <i>Elementary Astronomy</i> ENVT 1110 <i>Intro to Environmental Management</i> METO 1010 <i>Intro to Meteorology</i> PHYS 1010 <i>Elementary Physics</i>	PS PS PS PS

Social Studies (3.0 HS units)

High School Requirement	UVU CE Options	UVU GE Certificate
World Geography (0.5)	--	--
World History (0.5)	HIST 1700 <i>American History (year-long)</i>	AI
US History (1.0)	--	--
US Government and Citizenship (1.0)	POLS 1100 <i>American National Government</i>	AI
Social Studies Applied & Advanced (0.5)	ANTH 1010G <i>Social/Cultural Anthropology</i> CJ 1010 <i>Intro to Criminal Justice</i> ECON 1010 <i>Economics as Social Science</i> HIST 1700 <i>American History (semester-long)</i> PHIL 2050/G <i>Ethics and Values</i> POLS 2200 <i>Intro to Comparative Politics</i> PSY 1010 <i>General Psychology</i> PSY 1100 <i>Human Development: Lifespan</i> SOC 1010G <i>Intro to Sociology</i>	SS SS SS AI <i>Does not qualify</i> SS SS SS SS

Arts (1.5 HS unit)

High School Requirement	UVU CE Options	UVU GE Certificate
Visual Art	Art 1010 <i>Intro to the Visual Art</i> AT 1020 <i>Basic Drawing I for Non-Majors</i>	AR AR
Music	MUSC 1010 <i>Intro to Music</i> MUSC 1030 <i>American Popular Music</i> MUSC 1100 <i>Fundamentals of Music</i>	AR AR AR
Theatre	THEA 1013 <i>Intro to Theater</i> THEA 1023 <i>Intro to Film</i>	AR AR

Health Education (0.5 HS unit)

High School Requirement	UVU CE Options	UVU GE Certificate
Health Education (0.5)	N/A — Secondary Only	N/A

Physical Education (1.5 HS unit)

High School Requirement	UVU CE Options	UVU GE Certificate
Participation Skills (0.5)	N/A — Secondary Only	N/A
Fitness for Life (0.5)	N/A — Secondary Only	N/A
Individualized Lifetime Activities (0.5)	N/A — Secondary Only	N/A

Career & Technical Education (CTE) (1.0 HS unit)

UVU offers 108 CTE courses from aviation and business to manufacturing. The following 4 courses are USBE CTE courses that meet GenEd requirements.

High School Requirement	UVU CE Options	UVU GE Certificate
CTE Course (1.0)	ART 1050 <i>Photography I</i> BTEC 1010 <i>Fundamentals of Biotechnology I Career Survey</i> COMM 1050 <i>Intro to Speech Communication</i> MGMT 1010 <i>Intro to Business</i>	AR LS SS SS

Digital Studies & Financial Literacy (0.5 HS units each)

High School Requirement	UVU CE Options	UVU GE Certificate
Digital Studies (0.5)	CS 1030 <i>Foundations of Computer Science</i> CS 1400 <i>Fundamentals of Programming</i>	<i>Does not qualify</i> <i>Does not qualify</i>
Financial Literacy (0.5)	FIN 1060 <i>Personal Finance</i>	SS

Elective Credit (5.5 HS unit)

High School Requirement	UVU CE Options	UVU GE Certificate
N/A	N/A — Secondary Only	N/A

World Languages

High School Requirement	UVU CE Options	UVU GE Certificate
Optional for HS graduation	UVU offers world language courses in ASL, Chinese, French, German, Japanese, Portuguese, and Spanish.	<i>Does not qualify</i>

Which QL Math class is right for you? Select a college math class that fits your college and career path.

Most certificate and all degree programs require students to complete a Quantitative Literacy (QL) class*. You are encouraged to complete QL senior year of high school. Different QL classes provide the math foundation for different pathways.

MATH 1030 – Intro to Quantitative Reasoning

An appropriate math class for the general studies or liberal arts student majoring in humanities or other programs not related to math and science. The class covers a broad scope of mathematical topics as they apply to real-world problems. Topics include reasoning and number sense, using percents and estimation, math for finance matters such as loans and investments, probability and statistics, and modeling. *MATH 1030 may be the last Math class you take in college.*

MATH 1040 – Intro to Statistics

Recommended particularly for students in programs desiring statistical literacy, including but not limited to Social Science, Behavioral Sciences, and Nursing (college may require 1040 or 1050). This class includes descriptive and inferential statistical methods. Topics include sampling design, descriptive statistics, linear regression and correlation, probability, sampling distributions, and hypothesis testing and confidence intervals. *MATH 1040 may be the last Math class you take in college.*

MATH 1050 – College Algebra

Designed for students interested in Mathematics, Science, Engineering, Technology and Business. An in-depth exploration of algebra topics designed to ultimately prepare students for Calculus or further education classes. Topics include functions, including polynomial, rational, exponential, and logarithmic; systems of equations; matrices and determinants; partial fraction decomposition; conics; and sequences and series. *MATH 1050 is the first Math class you will likely take in college.*

**MATH 1010 Intermediate Algebra does not fulfill the QL requirement. It is intended only for students who cannot place into a QL course after completion of Secondary MATH III.*